

# Guidelines for the Sexually Aggressive and Safety Planning

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# What's the Origin of The Guidelines?

- Concern raised by ABAs in early 2014
- Numbers of individuals transitioning to the community had been increasing
- There had been no policy or formal guidance
- Needed to set expectations for providers
- Needed to become more planful
- Guidelines became backdrop for Safety Plans

# What Do The Guidelines Cover?

- Define those who are sexually aggressive
- The transition process that should occur prior to community placement
- Overview of Safety Plan content
- Sets expectations for Providers once an individual comes into their care
- Establishing “House Rules” for all
- General “Preventative Measures”

# What Is the Transition Process?

- The “Sexually Maladaptive Recipient Characteristics ” completed by the forensic facility staff or assigned behavior analyst
- A collaborative team should come together to identify risks and appropriate placement
- Taking lead the WSC drafts a Safety Plan based upon input from all
- The Safety Plan should be made available to all staff supporting the individual


# Who Do The Guidelines Cover?

- Those who are considered sexually aggressive and require a Safety Plan have
  - **A documented history of engaging in sexual aggression, sexual battery, or**
  - **Otherwise engaged in nonconsensual sexual behavior with another individual,**
  - **With or without police involvement.**

# Where Does Safety Planning Reside?

- Part of the Person-Centered Support Plan
- Found in “Personal Rights” section
- See “Safety Plan Required and Attached”
- Check “YES” when required
- Use standard Safety Plan format
- Attach Safety Plan

# What is a Safety Plan?

- A component of the support plan
  - Created by the Support Coordinator
  - Developed with the behavior analyst as consultant
  - It addresses the unique needs of each individual
  - Supports their success in the community
  - Serves to create a safe environment for everyone
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# What does the Safety Plan Cover?

- A brief summary of historical behavior, any related criminal charges, court order, probationary or registration requirements;
- Information related to preventing the reoccurrence of offenses:
  - Triggers, high risk situations
  - Known predatory “grooming” behaviors
  - Limitations on access to media or community locations
  - Training or prompting of avoidance behaviors
  - Level/type of supervision required throughout the day,
  - Need for alarms or monitoring devices.
- Interventions impacting an individual’s rights, must be included in a behavior plan with Local Review Committee (LRC) oversight.



# Let's Look at the Safety Plan Format

**Agency for Persons with Disabilities**  
**Support Plan/ Support Plan Update Page \_\_ of \_\_**

**Name:**

**Support Plan Effective Date:**

## **Safety Plan:**

- **Summary of Historical Events:** List by date, any behaviors or charges that are safety concerns for the person or the community. What concerns do you have, or do you think the community might have about your behavior in the past?  
(Attach additional pages and/or police reports or court orders, as needed and available.)

# Let's Look at the Safety Plan Format

## **Special Considerations:**

- a) If there is a court order, indicate what it requires:
- b) If there is a Probation Officer, identify who, their location, contact numbers and any other court requirements:
- c) If required, identify where the person must register locally as a “sex offender”:

# Let's Look at the Safety Plan Format

## General Precautions and Preventative Measures

- a) Identify any triggers, high-risk situations, environmental and personal stressors that might lead to re-offending:
- b) What predatory “grooming” behaviors are known:
- c) Limitations on access to media (TV, movies, printed material, video games, internet or cell phone) if any and why:
- d) Identify “avoidance” or preventative behaviors that need to be trained or be prompted in risky situations:

# Let's Look at the Safety Plan Format

## **General Precautions and Preventative Measures**

- e) The level or type of routine supervision required:
- f) Staff assignments, including size, gender or other critical attributes:
- g) Risk sites to be avoided near home location:
- h) Bedroom assignments (roommates and location within the home):


# Let's Look at the Safety Plan Format

## **General Precautions and Preventative Measures**

- i) Community limitations (allowable activities, van routes, supervision):
- j) Day program or work environment supervision:
- k) Alarms and monitoring devices needed:

## **Additional Notes/Comments/Considerations**

# Let's Look at Some Examples

- 1. Evan – who has been court ordered
  - 2. Ricardo – new consumer with limited history
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# What's the Most Important Take Away?

In addition to the Safety Plan

- The single most important measure to prevent re-offending is:

**VIGILANCE**

**Line of sight supervision – Knowing where and what the individual is doing at all times!**

# Safety Planning Wrap-Up

- Questions?
  - If you have questions, please enter them into the “Chat Box” and send to the Host
- Follow-up?
  - Consumer’s Behavior Analyst
  - Your Area Behavior Analyst
  - Agency Senior Behavior Analyst
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